

Health, Safety, & Welfare Related Programs	No. of Participants		
	2018	2019	Total
Colon Cancer Awareness Lecture Series	90	-	90
Film Showing w/ Free Snacks	46	-	46
Flu Vaccination Program	230	-	230
Free Ankle Brachial Index & Random Blood Sugar Screening	-	150	150
Free Eye Check-ups	-	25	25
Healthy Lifestyle Lecture Series	-	30	30
Lenten Recollection	50	-	50
Lenten Station of the Cross	150	-	150
Let's Talk About Stress Lecture Series	25	-	25
Medical Missions	-	120	120
Mother's Day Special Treats	80	-	80
Cervical Vaccination Program	-	28	28
Flu & Pneumonia Vaccination Program	-	187	187
Pulmonary Tuberculosis Awareness Program	87	-	87
Free Fasting Blood Sugar (FBS) & Cholesterol Screening	100	100	200
Sculpt Your Body & Nourish Your Soul Lecture Series	-	43	43
Wellness Activities (Dance Aero)	20	-	20
Work-Life Balance & Exercises at Work Lecture	25	-	25
Zumba Sessions	12	32	44
Medical Consultations (various offices nationwide)	5,159	4,178	